Track: 2018-11-10 Monte Velino (Sentiero 6) — **Date: 10/11/2018**

Track: 2018-11-10 Monte Velino (Sentiero 6)	**IBP = 145 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	14.2 Km
Analyzed distance	14.2 Km
Lineal distance	0.02 Km

Accumulated climb	1472.9 m
Accumulated descent	1473.9 m
Maximum height	2487.1 m
Minimal height	1127.8 m
Climb rate	20.65 %
Descent rate	21.9 %
Positive climb difference per	103.73 m
Negative descent difference per	103.8 m

Total time	7:50:03 h
Time in movement	5:07:46 h
Stopped time	2:42:17 h

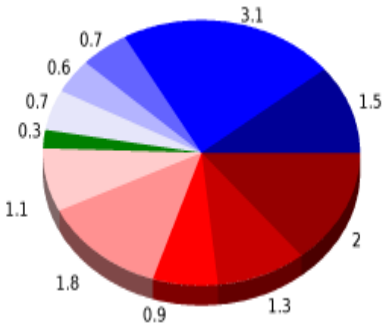
Total speed average	1.81 Km/h
Average speed in movement	2.77 Km/h
Maximum held speed	6.97 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1143 (cad. 12.42 m)
Significant points	395 (cad. 36.04 m / 34.56 %)
Aberrant points	165 (14.44 % d. total)

Direction changes per	15.14
Direction changes >5º per	11.76
Accumulated straight stretches	1.519 Km
Straight stretches per	106.97 m
Penalizables slope changes	8
Penalizables slope changes per	0.563

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Summary of slopes



	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.025	14.26	1.59	1:16:11
	Between 15 and 30%	1.295	9.12	2.2	0:35:15
	Between 10 and 15%	0.896	6.31	3.43	0:15:41
	Between 5 and 10%	1.823	12.84	3.83	0:28:34
	Between 1 and 5%	1.093	7.7	4.01	0:16:22
	Total :	7.132	50.23	2.49	2:52:03
	Plain				
	Difference of 1%	0.337	2.37	4.21	0:04:48
	Breakdown descents				
	Between 1 and 5%	0.731	5.15	3.44	0:12:45
	Between 5 and 10%	0.616	4.34	4.44	0:08:19
	Between 10 and 15%	0.745	5.25	3.96	0:11:17
	Between 15 and 30%	3.134	22.07	3.49	0:53:52
	Between 30% and 55%	1.504	10.59	2.02	0:44:42
	Total :	6.73	47.4	3.08	2:10:55
	Total track :	14.2	100 %	2.77	5:07:46

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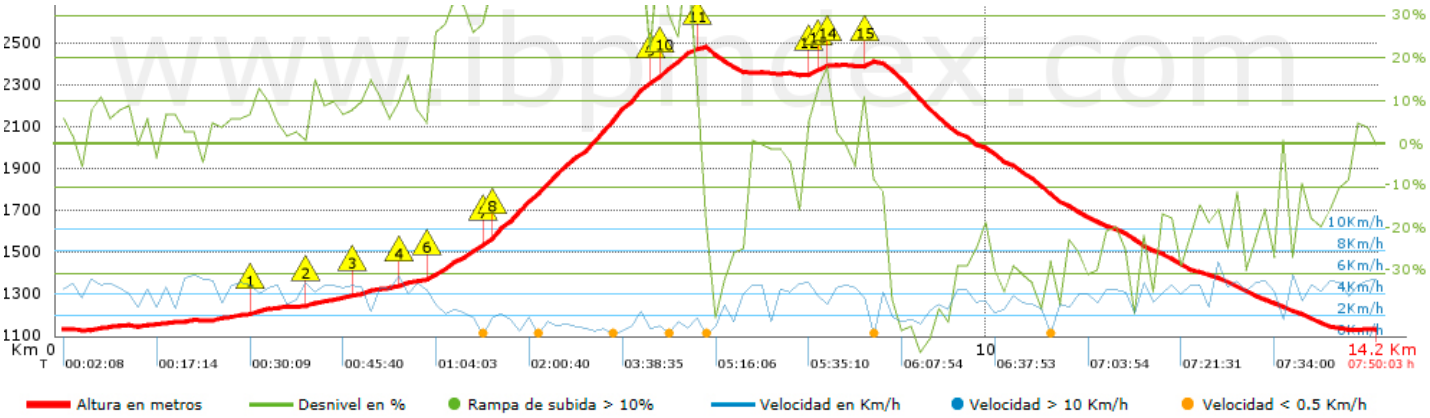
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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	2.09	13 %	149 m
2	3.181	12 %	155 m
3	3.701	14 %	122 m
4	3.965	15 %	30 m
5	3.995	28 %	536 m
6	4.531	26 %	108 m
7	4.639	44 %	1700 m
8	6.339	24 %	101 m
9	6.44	37 %	378 m
10	6.818	20 %	74 m
11	8.058	20 %	111 m
12	8.169	19 %	76 m
13	8.245	18 %	35 m
14	8.633	27 %	109 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	3036.217	21.38	1:24:45	2.15	1:07:02	2:31:47	1.2
2000	1207.017	8.5	0:30:23	2.38	0:48:57	1:19:20	0.91
1750	1445.456	10.18	0:42:47	2.03	0:23:48	1:06:35	1.3
1500	1682.086	11.85	0:41:23	2.44	0:22:30	1:03:53	1.58
Total :	7.371 Km	51.91 %	3:19:18 h	2.22 Km/h	2:42:17 h	6:01:35 h	1.22 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.461	0:18:03 > 10´	1505	1:16:12	1:16:12	4.461
4.852	0:04:27	1649	1:48:20	0:32:08	0.391
5.09	0:08:47	1755	2:01:54	0:13:34	0.238
5.616	0:07:01	1965	2:35:19	0:33:25	0.526
5.717	0:12:49 > 10´	2011	2:43:55	0:08:36 < 10´	0.101
5.858	0:36:08 > 10´	2078	2:58:50	0:14:55	0.141
6.304	0:03:02	2284	3:47:27	0:48:37	0.446
6.47	0:07:25	2338	3:57:28	0:10:01	0.166
6.747	0:02:34	2436	4:17:47	0:20:19	0.278
6.892	0:43:47 > 10´	2480	4:25:50	0:08:03 < 10´	0.145
8.742	0:10:14 > 10´	2416	5:49:32	1:23:42	1.85
10.635	0:08:00	1789	6:49:10	0:59:38	1.893
Total :	2:42:17 h				

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